

NEWSNOTES

Town Hall Meeting, housing lease information coming

The next Installation Town Hall meeting is scheduled to be held Aug. 2 at 2 p.m. in the Main Chapel. Questions can be submitted in advance to Andre Mixon by calling 562-6669 or sending an e-mail to Andre.mixon@dix.army.mil

A Housing Lease Signing Information Session will be presented by United Communities Development (the Housing Privatization Management Company) to all interested parties that same day at 6 p.m. at the Main Chapel. For additional information, the United Communities Web site can be accessed at www.mcguiredix.com.

Pair of trucks available at Warehouse Sale

The Directorate of Morale, Welfare and Recreation will hold a Warehouse Sale Aug. 1 and 2 from 8 a.m. to 3 p.m. in the Supply Warehouse, Bldg. 6043 on Doughboy Loop.

The sale will include electronics, furniture, appliances and a pair of trucks. Items are sold as-is and must be picked up within three days of the sale.

Building to be named for fallen Soldier

Building 5605 on Doughboy Loop will be dedicated to a fallen member of the 98th Division July 29 at 10 a.m.

Master Sgt. Paul Karpowich was assigned to the 8th Battalion, 98th Regiment, 4th Brigade (CSS), 98th Division Institutional Training in August 2004 when he was called to active duty to serve as part of the Foreign Army Training Mission.

On Dec. 21, 2004, with only 21 days in country, Karpowich lost his life when an insurgent suicide bomber attacked the dining facility on Forward Operating Base Marez just south of Mosul, Iraq.

Presiding over the dedication will be Maj. Gen. Bruce Robinson, commanding general, 98th Division.

Karpowich was born on July 31, 1974, and grew up in the small town of Freeland, Pa. He is survived by his wife Amanda.

DoD Police to increase motorcycle safety enforcement

Effective immediately, the Department of Defense Police will be cracking down on motorcycle safety standards at all security checkpoints.

All motorcycle operators will be held to account to operate their motorcycles in accordance with Fort Dix regulation 190-5.

Some of the requirements of the regulation are that all motorcycle operators wear four-fingered gloves, long trousers, long-sleeved shirts or jackets, highly visible garments (bright colors during the day, reflective items at night), leather boots or over-the-ankle shoes (not tennis shoes), safety helmets with shatter-proof plastic, chin straps fastened at all times.

Additionally, padding in helmet must meet Department of Transportation safety standards, and eye protection or face shield (operators of motorcycles with a windshield are exempt from this regulation).

Motorcycles must meet safety standards such as foot rests for all riders, handlebars must be 15 inches above the seat occupied by the operator, headlights must be on at all times, and two rear-view mirrors (one on each side).

All motorcycle operators authorized to drive on the installation will be required to complete an Army-approved motorcycle-safety course and carry the certification card on them at all times when operating on post.

Motorcycle operators who need to take a safety course may call the McGuire Air Force Base Safety Office at 754-2718.

A copy of the regulation will be maintained at each checkpoint for reference and any operator who would like to familiarize themselves with the regulation can go to the DoD Police Department and view a copy that is maintained at the front desk.

Iraq 'graveyard for terrorism'

Donna Miles
American Forces Press Service

WASHINGTON, July 26, 2006 — Iraq is the front line in the war on terror and ultimately will serve as a "graveyard for terrorism," Iraqi Prime Minister Nouri al-Maliki told a joint session of Congress here today.

Maliki repeatedly thanked the lawmakers for the United States' steadfast support for his country and assured them that Iraq will remain a solid ally in the terror war. "Iraq will never forget those who stood with her ... and who continue to stand with her in times of need," he said.

The prime minister compared the losses Iraq faces at the hands of Islamic extremists to those the U.S. experi-

enced during the Sept. 11, 2001, terror attacks in New York, Pennsylvania and at the Pentagon. "Thousands of lives were tragically lost on Sept. 11th, when these imposters of Islam reared their ugly head," he said. "Thousands more continue to die in Iraq today at the hands of the same terrorists who show complete disregard for human life."

The prime minister praised the U.S. and other coalition partners who ousted former dictator Saddam Hussein and are helping Iraq overcome terrorists who aim to derail its new democracy.

"Many around the world ... underestimated the resolve of Iraq's people and

were sure that we would never reach this stage. Few believed in us," he said. "But you, the American people, did -- and we are grateful for this."

Terrorists continue to threaten Iraq, but Maliki insisted that the Iraqi people, with help from their friends abroad, will prevail against them.

"I will not allow Iraq to become a launch pad for al Qaeda and other terrorist organizations," he said. "Trust that Iraq will be the graveyard for terrorism and terrorists, ... for the good of all humanity."

Maliki said the outcome of the terror war in Iraq will impact the rest of the free world. "Do not think that this is an

Iraq problem," he cautioned.

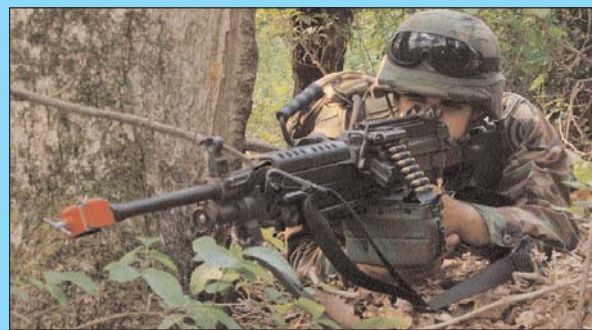
"This terrorist front is a threat to every free nation in the world and their citizens," he said. "What is at stake is nothing less than our freedom and liberty. Confronting and dealing with this challenge is the responsibility of every liberal democracy that values its freedom," he said.

He acknowledged that the road ahead will be bumpy, but said continued vigilance will ensure victory over terrorism. "The coming few days are difficult, and the challenges are considerable," he said.

"Iraq and America both need each other to defeat the terror engulfing the free world," he said. "In partnership, we will be triumphant because we will never be slaves to terror, for God has made us free."

"Confronting and dealing with terrorism is the responsibility of every liberal democracy that values its freedom."

Nouri al-Maliki
Iraqi prime minister



Sgt. 1st Class David Moore

IN THE TRAINING WEEDS - Spc. Wisley Rivero, of the 113th Infantry, prepares to lay suppressive fire, during Annual Training, in the event an enemy attempts to interrupt unit movement.

Infantry AT sees many futures

Sgt. 1st Class David Moore
JFHQ-PAO

Soldiers of the New Jersey Army National Guard's 2nd-113th Infantry continued down the road of transformation for Annual Training this year at Fort Dix as they evolve from a mechanized force to light fighters.

And in those 15 days with some of the hottest and rainiest weather in mid-July, Soldiers laden with their rucks completed their various tasks, drills and Lanes Training.

Unit leaders, instead of cancelling training events, adjusted them before inclement weather to maneuver.

Capt. John James of operations said while Soldiers focused on their training for movement to contact the enemy, marksmanship, simulation

training with coalition forces, and future Army technologies, emphasis was placed on the Soldiers' physical conditioning.

"We have these Soldiers for 15 days, so it is the command's intent to build up their physical conditioning during this

Troops try out high-tech force

The future force of the Army was with the Soldiers of the New Jersey Army National Guard's 2nd-113th Infantry, for Annual Training as they spent their time evaluating combat systems that may find their way onto the battlefield someday.

(continued on page 4)

period," James said.

Capt. Dennis Stiles, a 2nd-113th designer and controller for this year's situational training exercise, created three lanes for Soldiers to train that ranged from 2,000 to 6,000 yards through the densely wooded areas of the installation.

Soldiers conducted training mounted, as well as dismounted.

Stiles explained that during the training year leading up to the annual training period, Soldiers conducted their individual task training that led up to such collective tasks as movement to contact with an enemy and moved into air assault operations training conducted by the Guard's 150th Aviation Battalion (Air Assault). Many of the aviation unit members on the ground were Opera-

(continued on page 4)

Revised Web site highlights post training opportunities

Personnel of the post's Directorate of Plans, Training and Mobilization's Training Management Division launched a new way to do business on the World Wide Web this week with a new Home Page to make it easier for trainers and Soldiers to do business with the installation.

Andrew Shultz and Tim Konopka of the Training Management Division employed a strategy that provides a gateway to public information, as well as secure information needed by Soldiers and trainers coming to the installation.

The new Home Page can be found at http://www.dix.army.mil/DirDirectorate_Plans_Training_Mobilization/TMD/default.htm

It uses commercial, off-the-shelf Web software and requires users to navigate using an Acrobat Reader and their Army Knowledge Online (AKO) user name and password.

"The new Home Page will be a valuable for our new and old customers. It provides them with full insight into Fort Dix and all the training opportunities that exists at the installation," Luci Salas, the TMD division chief, said.

Since Fort Dix is in the midst of its own transformation, Shultz and

Konopka teamed up with Edward Mingin and David Moore, of the Fort Dix Public Affairs Office, to bring the TMD vision to the World Wide Web forefront. Sean Downing, of the Directorate of Information Management, also became an integral part of the team to incorporate the necessary security measures for the site that uses the AKO resources.

Under the development of the new Home Page, the Fort Dix Public Affairs Office had redesigned the Fort Dix Internet site earlier this year. Under the changes, Web scripting language written by Mingin allows for the Webmaster to update the default Home Page and these updates are reflected to the entire site. As a result, the code permits one action instead of opening each page of the public Home Page to make updates.

Another addition to the page occurred during the design phase to place more Fort Dix information out front instead of burying directorate Home Pages behind the default.

The TMD team found out in the preparation phase that the Fort Dix Public Affairs Office no longer designed content for the respective

(continued on page 3)

Physical Therapy finds new home on McGuire

Wayne Cook
Public Affairs Staff

To provide better service for mobilized Soldiers, the Joint Readiness Center Physical Therapy Clinic has relocated to the McGuire Air Force Clinic. The move took place during the July 15 weekend and the facility was up and running the following Monday.

"The move was driven by two things primarily," said Col. Donald Hall, Joint Readiness Center Medical Support Activity (JRC MSA) commander. "We are under instructions to vacate Watson as soon as possible, and with the move to McGuire our mobilized Soldiers now receive the same high-quality of care in the same up-to-date facility as our active-component members, retirees, and dependents," said Hall.

"Though the facility is owned and run by the 305th Medical Group, our Physical Therapy Clinic still falls under the auspices of the JRC MSA," he said.

The set-up lends to the jointness of the mega base concept.

"Though we are using this joint facility, we are still autonomous from the Air Force and serving only the medical hold-over Soldiers of Charlie Company," said Joy Hoffman, physical therapist assistant with the JRC MSA.

"We are getting nothing but favorable feedback from the Soldiers. There doesn't seem to be any problem with the transportation system, either," Hoffman added.

"We are able to provide care utilizing newer and more equipment, as well as more room to work in," said Persi Borlongan, physical therapist.

"The only perceived problem we thought we would have to face was that we are now more distant from the case workers, but thus far there haven't been any problems. Everyone has been very

(continued on page 3)



Ed Mingin

Permanent perch

This UH-1 helicopter was lowered into place at the Wrightston Circle July 21. Commonly called a "Huey," this is the final piece to in the circle's display of military vehicles.

'Jersey Lightning' struck in August 1914

78th ID born at Fort Dix, served courageously in WWII

Steve Snyder
Public Affairs Staff

Known as "Jersey Lightning," the 78th Infantry Division was born at Fort Dix shortly after the post was founded in 1917.

The 78th was the first unit to be stationed at what was then Camp Dix and elements of the 78th were among the last to guide raw recruits through the rigors of basic training here in 1992. When A, B and C companies of the 78th graduated the last Initial Entry Training classes on post in August of that year, Fort Dix was assigned a new mission. Reserve Component Training became the order of the day and 78th forces guided Reservists and Guardsmen through LANES (collective training geared toward mastering specific mission tasks or requirements) training.

And the 78th is still at it today, preparing troops to tackle enemies in the war on terrorism.

The intertwined saga of Fort Dix and the 78th started back on April 6, 1917, when the United States entered World War I. Our country had a problem. We could only field an army of 200,000 men. So Congress promptly approved a military draft while authorizing the construction of 16 new Army camps, one of which was Camp Dix.

On August 28, 1917, 20,000 men were activated into the newly-formed (on August 5) 78th Infantry Division at Camp Dix. Its Soldiers were split into four infantry regiments; the 309th, 310th, 311th and 312th plus three artillery regiments composed of the 307th, 308th and 309th.

Maj. Gen. Chase W. Kennedy assumed command of the new division, simultaneously becoming the first commanding general of Camp Dix.

Soldiers of the 78th trained hard at Camp Dix until shipping out in May 1918 for combat in the trenches of Europe.

During the summer and fall of 1918, troopers of the Jersey Lightning became a point in the wedge of the final offensive knocking out German forces in France. They fought - and prevailed - in campaigns bathed in blood and hallowed in history, the Meuse-Argonne, St. Mihiel and Lorraine.

But when the Army demobilized after the war in June 1919 the 78th became deactivated.

With the onset of World War II, the 78th ID was reactivated at Camp Etnier, N.C., on August 15, 1942.

The unit spent two years as a training division before embarking to the European theater of operations. Intense combat in Belgium, France and Germany followed.

Soldiers from the 78th helped crack the Siegfried Line, slicing between the Ruhr and Rhine rivers onto the Cologne plain, hanging on for dear life at the Remagen bridgehead before rumbling down bloody roads leading to Berlin.

Victory exacted a high price. War's end saw 78th Infantry Division Soldiers take home one Medal of Honor, nine Distinguished Service Crosses, 599 Silver Star Medals, and 5,454 Purple Hearts. But the division's honored dead numbered 1,368 officers and enlisted men.

After serving six months of occupation duty in Germany, the 78th was again deactivated in May 1946 only to be reactivated again in November of that year in Newark because of fears that the newly-evolving Cold War might turn hot.

In May 1959 the 78th was reorganized into a training division, a status it still enjoys.

The division certainly made significant contributions to training at Fort Dix over the years. The 1018th Reception Battalion, the 2nd Brigade (one station unit training) Headquarters, the 1st and 3rd Battalions of the 310th Regiment, and the 1st Brigade, 3rd Battalion of the 309th Regiment, along with a composite detachment from the 78th Training Support Brigade, aided training base expansion at Fort Dix in the decades following World War II.

Today, 78th Division Soldiers are scattered throughout Fort Dix, still standing tall.



from book, "Images of Freedom: Fort Dix" by Daniel Zimmerman
FIRST COMMAND -- The 78th Infantry Division was organized in 1917, and Maj. Gen. Chase Kennedy became the division commander and first commanding general of Camp Dix. Division headquarters, above, as they looked in November 1917.



from book, "Images of Freedom: Fort Dix" by Daniel Zimmerman
SPIT 'N POLISH -- Soldiers from the 78th Infantry Division prepare for a final inspection before leaving Camp Dix for a ship at a New York port to sail away to World War I in May 1918.



PAO files
GOOD GRUB -- Despite traditional complaints by Mama's boys, Army chow was both wholesome and plentiful over the years as evidenced by smiling faces in a Camp Dix dining room as pictured on a postcard.



from book "Images of America: Fort Dix" by Daniel Zimmerman
TRIBUTE IN GLASS -- One of 10 large stained-glass windows installed in the Fort Dix chapel in 1982 honoring World War I Soldiers from the 78th Division. The windows were a gift to Fort Dix from the 78th Division Veterans Association. This window honors Soldiers of the 310th Infantry Regiment.



photo courtesy of Dan Zimmerman, Fort Dix Museum curator
COMING HOME -- Soldiers from the 78th Infantry Division sail aboard a troop ship from the shores of France and ravages of World War I in 1919. That's 78th Commander, Maj. Gen. MacRae, in the middle.



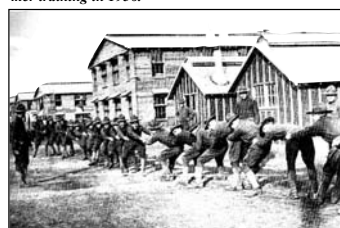
www.lonesentry.com



from book, "Images of Freedom: Fort Dix" by Daniel Zimmerman
MULE TRAIN -- Mules and wagons from the 303rd Engineer Regiment, 78th Division, carry supplies and equipment on April 25, 1918, that Soldiers will use during field training.



from book, "Images of America: Fort Dix" by Daniel Zimmerman
CHECKING OUT THE TROOPS -- Officers from the 312th Infantry Regiment, 78th Division, oversee summer training in 1936.



PAO files
FUN AND GAMES -- Training wasn't all drudgery for 78th Infantry Division and other Soldiers as this tug-of-war, depicted on a postcard, attests.

the Post

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Melissa Bird

Class with chemistry

The graduates of the Fort Dix Nuclear, Biological and Chemical (NBC) Defense School Class 010 are: Back row, left to right -- CW3 Michael Roach, Staff Sgt. David J. Buettner, Sgt. Bryan J. Moore, Sgt. John Fletcher, Staff Sgt. Christopher Early, Spc. Gregory J. Bird, WO1, Byron D. Poindexter, Spc. Charles L. Mason, Spc. Alisa Louis Wynn and Spc. Emily Boyles; front row -- Spc. Brett A. Podinker, Pfc. Michael D. Groff, Spc. Mary M. Tackett, Sgt. Adam J. Embler, Spc. Nicholas H. Barlow and Spc. Matthew N. Hoover.

Relationship Safety

Everyone has the right to feel safe in his or her relationships. Are you or do you know anyone in an abusive relationship?

Look for these signs:

- threats or intimidation
- isolation from family and friends
- denying access to money
- sexual abuse
- involving or using children in adult conflicts
- destroying personal possessions
- feeling fearful
- painful put-downs
- use of weapons

Important phone numbers:

Providence House hotline
871-7551
NJ Domestic Violence hotline
800 572-SAFE
Fort Dix Victim Advocate
562-2767
McGuire Victim Advocate
754-9672

For emergency assistance call 911

**NCO Call at Club Dix
Wednesdays at 6 p.m.**

New Web page

(continued from page 1)
directorate or division home pages. As a result, Shultz learned web coding on the run.

Under the post's Internet Home Page at www.dix.army.mil, content updates are now required to be conducted at the directorate level by accessing templates and incorporating their information for the respective directorate or division level. Each directorate now presently has a folder on a share with PAO to build or update respective home pages.

"What is nice about the TMD page is we are in control of our changes and updates," Salas said.

Therapy move

(continued from page 1)
accommodating. It has been a very good experience," said Borlongan.

"This has really worked out. We are more efficiently and conveniently located with other medical operations, which lends to a higher success rate of treating our patients," Borlongan said.

Once again the JRC MSA is caught leaning forward to provide the best care possible for the injured Soldiers who serve the nation.

Honoring the Colors

	Reveille 6 a.m. (0600 hours)	Retreat 5 p.m. (1700 hours)
Military personnel in uniform	Stand at attention, face the flag and salute at first note.	Stand at attention, face the flag for <u>Retreat</u> , then salute at first note of <u>To the Colors</u> .
Military personnel not in uniform, civilians	Stand at attention, face the flag and place right hand over heart at first note.	Stand at attention, face the flag for <u>Retreat</u> , then place right hand over heart at first note of <u>To the Colors</u> .
Military personnel in formation or in a group	Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.	Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of <u>Retreat</u> . Calls group to "Attention" and "Present, Arms" at first note of <u>To the Colors</u> , then "Order, Arms" at conclusion.
Individual military personnel, civilians in a vehicle	Stop vehicle and exit. Follow steps above.	Stop vehicle and exit. Follow steps above.
Group of military personnel in a vehicle	Stop vehicle. Individual in charge exits and follows steps above.	Stop vehicle. Individual in charge exits and follows steps above.

Other bugle calls heard on post are:

Tattoo.....9 p.m. (2100 hours)
Call to Quarters.....9:30 p.m. (2130 hours)
Taps.....10 p.m. (2200 hours)

Infantry takes on change

(continued from page 1)
tion Iraqi Freedom veterans. Infantry Soldiers were instructed on how operations work when aviators conduct their air assault missions. For example, flight paths and possibly false unit insertions may be critical to an operation. As part of the training, mortar and anti-armor teams were mutually supporting the Infantry Soldiers moving through the woods.

The training was to prepare for the Army Training and Evaluation Program at the platoon level.

"This training is pivotal for the National Guard's Transformation Plan from a mechanized infantry to a light infantry unit," Stiles said.

As Soldiers prepare to move through their lane for an enemy

contact mission, a team begins to set-up a 360-degree security, while others begin to plan using a sand table for the unit movement and maneuver areas.

Once the plan is complete, the group conducts a rehearsal and then links up with their respective team to move through the lane.

Representatives of Albania's military also paid the unit a visit to discuss how the Guard Soldiers train to be the equivalent of their active-duty counterparts.

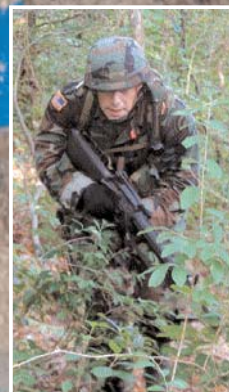
"This year's training offers a good perspective of what the future infantry Guard force will look like, as well as how it will operate. All the training has been great and it certainly established unit cohesion," Sgt. Nick Colletti, Delta Company, said.



AIR ASSAULT -- Aviation crews from the 150th Aviation Battalion (Air Assault) conduct training for Soldiers of the 113th Infantry. More than 240 New Jersey Army National Guard Soldiers wrapped up their training this week, which focuses on the Guard's transformation for the future.



ROAD UNIT -- Soldiers of the Joint Training and Training Development Center (J2TDC) provided range support. Spc. Adam Clark, 113th Infantry, gets some training from Sgt. 1st Class Alfred Scott. Soldiers of the 113th Infantry move into the woods at Fort Dix to begin Lanes Operations.



SECURITY -- Sgt. Christian Ibbot, team leader, 113th Infantry, checks on Soldiers setting up security to allow Soldiers to plan for the movement to contact the enemy phase of training on one of three lanes used for training.



JEDI -- Pfc. Luis Gomez, of the 113th Infantry, tests the Future Force Warrior system during Annual Training. Charlie Company Soldiers, during their training, tested various technologies during the Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance On-The-Move (C4ISR) program capstone experiment on post. The program tests equipment that can also be fielded to Soldiers presently involved in the Global War on Terrorism.

Troops try technology

(continued from page 1)

The Woodbridge-based Soldiers were tied into the Fort Monmouth-based Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance On-The-Move (C4ISR) program capstone experiment that has Soldiers testing new uniforms, unmanned aerial vehicle technology, sensors, as well as computer technologies associated with global position satellite systems.

"This is a great experience for a National Guard Soldier. I can't get over it, that our unit is working with potential future equipment that will be used for the Army in the field," Spc. Chad Tobins said.

Since Charlie Company Soldiers are field testing the equipment, system engineers and scientists from C4ISR and other future warrior agencies are looking for their input to see if the system works, fails or needs improvement to be successful in an austere environment or battlefield.

"The critical participant in the C4ISR experiment is putting technologies in the hands of Soldiers and drawing from their operational assessment," Lt. Col. William T. Uiroksa, C4ISR On-The-Move project manager, said.

During one of the experiment phases, 12 Soldiers were testing a new Future Force Warrior uniform that included a communi-

cation device with GPS capability with a heads-up device, which is being developed by Natick Soldier System Center in Massachusetts.

Two different systems were being tested by the foot Soldiers who trained, wearing the equipment through such events as patrolling, land navigation, and rifle marksmanship.

Steven Specht of Fort Monmouth's Communications Electronics Research Development and Engineering Center (CERDEC) said the test of the Future Force Warrior system is trying out various technologies that will be advancements for the dismounted Soldier.

The Future Force Warrior package has two versions - one for a leader with advanced goggles that includes a map, as well as a Soldier version. Some of the tests the Soldiers were conducting are also part of future Air Force technologies that communicate between the Soldier and aircraft.

"The Soldiers in my unit love getting their hands on this technology and they understand the important role they have for developing the future U.S. Army," 1st Sgt. Harold Homan said.

"I'm happy C4ISR picked the best infantry company in the New Jersey National Guard to support this mission," Homan added.

NEIGHBORHOOD

THE CORNER

Reintegration groups offer kids chance to cope

Have School-Age Children? Is your partner facing deployment or reintegration?

School-based groups for Children of Deployed Soldiers met with great success this past spring and will be reinstituted in schools this fall.

As an outgrowth of these school groups, there was an identified need for ongoing children's groups to meet family member deployment concerns.

Soldier & Family Life Consultants in conjunction with Army Community Service will be offering groups for children with deployment concerns.

The groups will have fun activities and provide the setting for talking about family changes during this time.

The groups will be starting in July for 5 weeks. The time and date have not been determined.

To register your child for the group or for more information, please call Barbara Angstadt or Midge Cammin-Schuck, Soldier & Family Life Consultants, at 562-6715, 609-649-4066 or 609-649-2522.

Domestic Violence seminar to be held at ACS

The Family Advocacy Program will host Domestic Violence 101: Understanding the Dynamics of Abuse July 31 from 5-7 p.m. at Army Community Service, Bldg. 5201 Maryland Avenue.

For more information and to register, call Deraurah Wilson, Family Advocacy educator, at 562-4830.

Support groups for kids held in Watson building

Army Community Service Soldier and Family Life consultants began support groups for children, preteens and teens July 25 for five weeks.

The groups are held in the Watson Towers, JRC, Bldg 5250, New Jersey Avenue. The three groups are:

- Children, ages 5-10, Tuesday mornings from 10-12
- Preteens, ages 11-13, Thursday mornings from 10-12
- Teens, ages 14-17, Thursday afternoon from 1-3

Please call Midge Schuck at 649-2522 or 562-6715 to enroll your child/children or for further information.

Cool off with caution in backyard pools

The Directorate of Public Safety, in conjunction with the Fort Dix Housing Office, reminds all installation residents to cool off with caution this summer when using back yard swimming pools.

Housing regulations lay out in detail the safeguards that must be in place before the splashing begins for the pool's kids.

Pools must be wading pools only, with water no deeper than 12 inches.

Adult supervision is required whenever a pool is in use. While a foot of water doesn't seem to pose a great hazard for kids, communities nationwide see tragic and needless drownings every summer as a result of unsupervised pool use by young children.

All backyard pools must be emptied when not in use. Covering the pool is not sufficient to meet this standard.

This requirement is in place not only to prevent accidental drownings. Eliminating standing water is a major factor in reducing breeding grounds for mosquitoes that may carry West Nile Virus.

Additional copies of the housing regulations may be picked up at the Housing Office, Bldg. 5212.

Rec center now offering Internet access

The Fort Dix Recreation Center, bldg. 5905 Doughboy Loop, now has six computers with Internet access. For more information, call 562-2808.

Main Chapel recognizes volunteers

Wayne Cook
Public Affairs Staff

More than 100 members of the Main Chapel's three main congregations gathered in the Club Dix Ballroom July 25 for a time of breaking bread together and honoring volunteers who serve the chapel and the community.

The audience was welcomed to the Fort Dix Chapel Volunteer Recognition Dinner by Chap. (Col.) Ira Kronenberg, installation chaplain, and Chap. (Lt. Col.) Lee Hardgrove delivered the invocation.

The guests partook of a meal of prime rib and baked salmon, along with many other goodies, and enjoyed each others' company as friends caught up with each other and shared what had been going on in their lives since the last time they had gotten together.

The atmosphere was jovial and congenial as Kronenberg introduced Lt. Col. Roger Cotton, deputy installation commander, as a man who was not involved in the chapel event, as one who is assigned to attend, but as someone who has a heart for the chapel community and the community as a whole.

"It is truly hard to find a way to thank all of you for all that you do through volunteering. The leadership of Fort Dix is very grateful for all of your efforts," said Cotton.

David Bohn followed Cotton with a reading of Myra Brook Welch's "The Touch of the Master's Hand," which talks of the value of a man, no matter his past, when he is ministered to by the Master.

The audience was treated to a vocal arrangement by Christina Long of "Great is Thy Faithfulness" while accompanied by Kwana Cline, the choir director at the Main Chapel. The dinner guests showed their appreciation for



Wayne Cook

GIVERS RECEIVE — Charlie Dreyer, Catholic congregation lay-leader, left, Chap. (Col.) Ira Kronenberg, installation chaplain, and Father Tim Horgan, Toms River, present the Catholic Congregation Volunteer of the Year Award to the Popielis family — Jennifer, Jeannie and Ken — for their more than 12 years of continuous service to the congregation and community. Daughter Katy is not in the photo as she just graduated from Princeton University.

Long's performance with a solid round of applause.

The time for the awards came and Kronenberg was joined by George Waters, Protestant congregation lay-leader, and Hardgrove, Protestant chaplain, to award the Protestant Volunteer of the Year. The award went to Cindy Kinsler, but will be given to her at a future date as she is recuperating at home at this time.

Charlie Dreyer, Catholic lay-leader, and Father Tim Horgan, Toms River, joined Kronenberg for their presenta-

tion to a member of the Catholic congregation. The award went not to an individual, but to an entire family. The Popielis family — Ken, Jeannie, Katy and Jennifer — have been involved with the Catholic congregation for more than 12 years and each has served in multiple positions and tasks as volunteers.

Chap. (Maj.) Jason Logan, Gospel chaplain, and Roosevelt Scott, Gospel lay-leader, presented Clara Caper with the Gospel Volunteer of the Year award and cited her service not only to her

congregation but also to the other congregations as well.

The evening was rounded out with another vocal presentation by Sonia Hill, daughter of Long, who sang "Give Us This Day." Again the audience erupted in applause as Hill delivered the song acappella.

With the benediction delivered by Logan the congregation members were off into the night to continue their missions of ministry as they serve both church and community as volunteers.

Kids craft during Art Kamp



Jim Jansma, ceramics and pottery instructor, Arts and Crafts Center, above left, manipulates a goblet created by Micaela Schlichenmeyer, 11, above right, in preparation for the kiln during Summer Art Kamp. Shanna Cavthorne, 11, watches his technique. Also participating in Summer Art Kamp are Katie Peterson, 6, left, who carefully glazes her handcrafted pot, and Aron Titus, 6, right, who glazes a coil bowl he made.



photos by Melissa Bird

Fort Monmouth medical guru helps put Dix records in order

Robyn Bennett
Patterson Army Health Clinic

Influenza...Dental Exam...HIV testing...Diabetes...Cholesterol...these are terms most often heard in a doctor's office or hospital. These tests and screenings are a small part of a Soldier's medical records. The complete record helps doctors treat Soldiers with special medical needs.

Deployment makes it difficult to keep the records in order. That's why the Army regulates medical record keeping.

To ensure compliance with the Army's regulations and civilian compliance standards, the Office of the Surgeon General performs frequent inspections at all Army Health Care facilities, including the Joint Readiness Center (JRC) Medical Support Activity at Fort Dix.

Capt. Amina Ali, chief of Patient Administration Division at Fort Dix and Fort Monmouth, decided the JRC medical records would receive the highest priority, and directed the administrative purging of all medical records and related documentation prior to being inspected. Such a task would require tremendous motivation, technical knowledge and skill.

Gloria Buster, supervisor of Medical Records at Patterson Army Health Clinic (PAHC), volunteered to take on the Fort Dix mission in addition to ful-

filling her daily duties at Fort Monmouth. Buster is a recognized subject-matter expert in medical records, having begun her career more than 25 years ago as a medical clerk and working with medical records for 16 years.

"I enjoy giving the best possible service, working for the military and civilian community," Buster said.

Buster eagerly embraced the Fort Dix mission. Although it was the middle of winter, she made frequent trips to Fort Dix in the weeks leading up to the inspection. Two weeks prior to the inspection, Buster became a fixture at Fort Dix, working 10- to 12-hour days.

As the team leader she established, trained and supervised a team of 20 personnel, both military and civilian, on the Army regulation standards of medical record keeping. She shared her knowledge of proper medical-records care with the team and helped them get their records in order. Additionally, she personally did a quality review on more than 500 medical records.

"Loyalty, duty and selfless service are the core Army Values that Ms. Buster personifies," said Ali.

Thanks in part to Buster's dedication and leadership, the JRC received commendable ratings from the Office of the Inspector General.

"I didn't complete this mission by myself," Buster said. "My team at Fort Dix worked very hard."

"Gloria is a consummate professional," concluded Ali.



Shawn Morris

Babies set to deploy

Caitlin Docker, a 16-year-old junior at Manasquan High School, center, presents 500 Beanie Babies to Maj. Gen. Glenn K. Rieth, the Adjutant General of New Jersey, left, and his wife Linda, right, during the 12th Annual New Jersey National Guard Youth Camp at Sea Girt. Docker began collecting the stuffed animals in May as part of a National Honor Society project. The Babies will be shipped to New Jersey National Guard Soldiers serving overseas for distribution to local children.

Ribbon cut for historical display of Fort Dix locomotive

'Dinky' returns in transcendent splendor

"The only thing new in the world is the history you don't know."

President Harry Truman

The railway system at Camp Dix grew up with the post itself. Under the direct supervision of the Pennsylvania Railroad Company, the first railway system at what was to become Fort Dix used the standard gauge track measuring 4 feet 8-1/2 inches apart.

In addition to the track (owned and maintained by the Pennsylvania Railroad), there were five miles of spurs and sidings maintained by Fort Dix which went from the base hospital (then) near the Wrightstown Circle to the ammunition storage area, to the incinerator, the salvage department, remount station and quartermaster warehouse.

In July 1919 an officer from the War Department arrived at Camp Dix to study the feasibility of establishing a light railway system on post. He reported that roads leading to the rifle range were often impassable for trucks carrying ammunition and supplies. In addition, the roads proved a slow and difficult march for Soldiers plodding through the sand, especially during hot or nasty weather.

The officer's report recommended that a narrow gauge line extending 10-1/2 miles from the camp to the rifle range (about the location of Range 24 today) be constructed.

Turned down by the Army
But the Army's bureaucracy said no.

In March 1920, Maj. Gen. H.C. Hale, commanding general of the First Infantry Division and of Camp Dix, requested special authorization for a narrow gauge railroad at Camp Dix. Bingo! On May 21, 1920, the Secretary of War approved 6-1/2 miles of track leading to the rifle range at Camp Dix.

Compared to the standard gauge, its narrow brother operated with much smaller locomotives and cars. Rails were placed two feet or 60 centimeters apart on smaller wooden ties. Underneath the ties and rails, sand (not this made it easier to adjust or move the rails and facilitated the smaller locomotives maneuvering in tight locations.

On Dix, the 1st Engineer Regiment from the 1st Infantry Division was tasked with constructing, operating and maintaining the rail system.

Construction began in the summer of 1920 using rails and equipment from Camp Kearney, N.J. By the summer of 1921 reports indicated that West Point cadets and Soldiers from the Regular Army, National Guard and Officers Reserve Corps were using the railway to get to the rifle range.

Two years later, the Office of the Quartermaster General and Office of Chief Engineer from the War Department recommended that the railroad be operated by the Camp Dix Quartermaster office.

Dix engineers triumph
Dix engineers were running the rails!

The first request for rolling stock was submitted in June 1920 and asked for steam locomotives, flat cars, gondolas, side dump cars, and a pile-driving rig. The following year, there were six locomotives on hand and another had been requested.

Three of the locomotives, however, were out of service as one was waiting for parts and two others were damaged by inadequate water levels in the boiler. The latter may have been indicative of poor maintenance and may also have shown that it was easier to request a replacement



Carolee Nisbet

SEAL OF APPROVAL -- Flanked by Museum Curator Dan Zimmerman and the Director of Plans, Training, Mobilization and Security, Dennis Bush, Fort Dix's Deputy Commander Lt. Col. Roger Cotton cuts the ribbon commemorating the "Dinky" locomotive that served the post so well during Fort Dix's formative years. Col. Douglas Dinan, deputy commander for mobilization, was also in attendance.

than put in for expensive repairs.

In 1926 after only five years after start up, Dix's railway line needed repairs. The roadbed and track were in poor condition creating a safety hazard for trains. The 1st Engineer and 18th Infantry Regiments, parts of whose units were stationed at Dix, were assigned repairs. They requested tools, set up a portable saw mill and began salvaging telephone poles and wood from old buildings for use as railroad ties. Ballast was replaced or cleaned depending on whether money was available while areas surrounding the track were cleared of vegetation.

Running from Wrightstown
The railroad operated over two different routes.

The first route, laid in 1920, began at the engine house, located near the Wrightstown Circle, and continued alongside Pennsylvania Avenue between Fort Dix Road and East 16th Street where the rails turned eastward. Crossing Texas Avenue near the Pointville Road, the rails ran across what is, today, McGuire Air Force Base. Halfway down the main runway, the tracks turned southeast upon reaching Hanover Road. Running parallel to Hanover, the rails crossed Cookstown Road near Range 13, turning south past Range Headquarters before ending up at what is now Range 24.

The route was eight miles long and passed in front of what is now Fort Dix's museum on its trips.

CCC steps to the plate
With the help of the Civilian Conservation Corps (CCC) a roadbed was selected and graded for an extension during the 1930s between Range 13 and the recreation area by Brindle Lake in Ocean County. But tracks were never laid.

In addition to serving Soldiers and West Point cadets, Dix's railroad was now used by the Citizens Military Training Camp (CMTC), the CCC, and the Works Progress Administration. Although the Army lacked money even worse than usual during the depression, so many people used Dix's rails that a second route became feasible and was built sometime between 1939 and 1940. With war looming, the War Department was not averse to making the investment.

In 1938 Fort Dix received \$38,000 for improvements to both standard and narrow gauge lines and in 1940 requested another \$104,000 for additional improvements. Part of this money may have been used to realign and relocate the track running between East 16th

Street and Range Headquarters along what is now known as Infantry Walk, which is today used for troop marches, military vehicle operations and as a tank trail.

Due to wartime shortages of gasoline and rubber, the advantage of operating a narrow gauge railroad became readily apparent.

But after World War II the narrow gauge line was no longer a savings to the Army. As gas and rubber became abundant once more, the cost of running a narrow gauge climbed.

In 1947 the light railway system was rendered obsolete with its rolling stock turned over to the War Asset Administration in Philadelphia for sale to the highest bidder. The tracks, finally, were removed.

In 1941 steam locomotives were rapidly being replaced by gasoline-powered Plymouth locomotives. The locomotive on display at the ribbon cutting was built in 1948 and has a diesel engine with a 4-speed transmission.

They don't mak'em like that, anymore.

- Dan Zimmerman and Steve Snyder (PAO)



photo courtesy of Fort Dix Museum curator Dan Zimmerman

ALL ABOARD! -- Soldiers head downrange on the Dinky sometime in the past.



photo courtesy of Fort Dix Museum curator Dan Zimmerman

PAUSE ON THE LINE -- A military train engineer takes a breather on the Fort Dix Narrow Gauge Railroad circa 1930. The railroad operated on two different routes crossing what is now Pointville Road and McGuire AFB to points downrange.



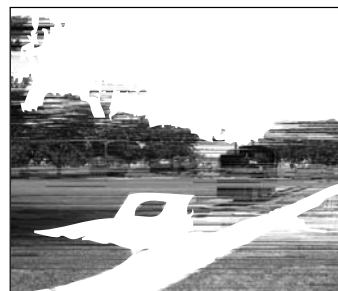
Steve Snyder

REAL MCCOY -- The Fort Dix Narrow Gauge Railroad was built in 1920 to transport troops, food, ammo and equipment to and from the rifle range and commercial rail lines that ran through post. The mini-locomotive that carried all the baggage was the "Dinky," shown above on ground touching the Fort Dix Museum. The Dinky was featured in a grand ribbon-cutting ceremony July 21 at the museum. It's on loan from the New Jersey Transportation Museum, Pine Creek Railroad, Allaire State Park, Farmingdale, N.J. Welcome home!



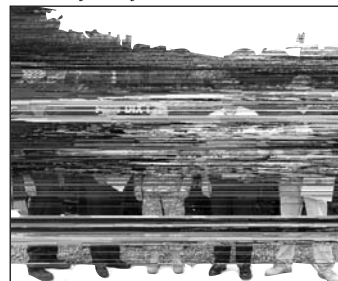
Carolee Nisbet

FORT DIX ASSETS -- Ph.D. Dan Zimmerman, curator of the Fort Dix Museum, explains the background behind the post's Narrow Gauge Railroad network that reliably moved troops and supplies here during the first and second world wars.



Steve Snyder

ARCHAIC ARSENAL -- In grounds touching the Fort Dix Museum (Bldg. 5435) there is little chance the Dinky locomotive will get lonely. Among the military vehicles on display are a deuce and a half from the 1970s Army, an anti-aircraft gun from the 1980s, an armored personnel carrier, a recovery vehicle with a crane capable of towing most mechanized portable weapons systems and a British Bofors anti-aircraft gun used in the first Gulf War.



Carolee Nisbet

DIE-HARD DINKIES -- Chief Warrant Officer Vernon Johnston and MSTCS (Marine Science Technician Chief Senior) Dean Matthews, l-r, from the U.S. Coast Guard Atlantic Strike Team based at Fort Dix, join Deputy Installation Commander Lt. Col. Roger Cotton, John Warrick from the Real Property Office of the Directorate of Regional Public Works (DRPW), and Joseph Thomas from DRPW, in celebrating Fort Dix's acquisition of the mini-locomotive that moved so many troops across post on Fort Dix's Narrow Gauge Railroad during the post's formative years. A trainmaster with the Black River Railroad System, Warrick was especially instrumental in executing the historical coup d'etat, initiating the program in 1990 and working diligently since then to insure its completion. DC2 (Damage Control Man) Ken Bond, not pictured, joined his Coast Guard colleagues in refurbishing and reworking the locomotive.



Wayne Cook

NCO on the go

Command Sgt. Maj. Albert Davidson, installation command sergeant major, left, and Command Sgt. Maj. Anthony Young, command sergeant major for mobilization, pin staff sergeant rank on Troy Boston during an impromptu ceremony held at Club Dix July 19.



Melissa Bird

NEW VISION — Lt. Col. Richard S. Edler, right, assumes the flag from Marvin J. Kastberg, director Army Reserve Contracting Center, Northern Region, Army Contracting Agency, as commander of the Directorate of Contracting at Fort Dix. Edler is only the second person to hold command since the office was established as a stand-alone Directorate of Contracting.

Directorate of Contracting takes on new commander

Melissa Bird
Public Affairs Staff

Lt. Col. Richard S. Edler assumed the duty of commander of the Directorate of Contracting for Fort Dix in the Club Dix Ballroom July 20, witnessed by friends, family and distinguished guests.

Edler accepted the passing of the colors from Marv Kastberg, director, U.S. Army Reserve Contracting Center, who charged him with the authority and responsibilities of his office.

"This event symbolizes an ever-changing, ever-revolving Army in transformation," said Maj. James Craig.

Edler will be only the second director in the history of the Fort Dix Contracting office.

"In October of 2003, the Fort Dix Directorate of Contracting was established as a stand-alone Directorate of Contracting with Lt. Col. Dan Perrotta designated

as the first military director," added Craig.

The office is in charge of providing contracting support for Fort Dix and all installation tenants along with the Regional Reserve Component customers.

"I would like to thank BJ L. Dean for exposing me to as many contracting experience's possible," said Edler. He continued by acknowledging Chris Murray for her patience for his never-ending questions, and Perrotta for being both a friend and a mentor.

Edler comes to Fort Dix from his previous position of chief of Contingency Contracting for the Army Contracting Agency Pacific Region.

Being a native of Illinois, he graduated from North Central College and holds a Masters of Business Administration Degree from Lewis University. He also graduated the Air Defense Artillery Officer Basic Course, Armor Officer Advanced Course, and Command and Gen-

eral Staff College.

Edler brings with him the experience of a Quality Assurance officer for Defense Contracting Management Command in Chicago, Ill., Directorate of Contracting at Fort McCoy in Wisconsin as a Contingency Contracting Officer, along with many others.

His awards and decorations include, but are not limited to, the Meritorious Service Medal, Joint Commendation Medal, Army Commendation Medal with four Oak Leaf Clusters, Army Achievement Medal with three Oak Leaf Clusters, the Army Reserve Component Achievement Medal, the National Defense Service Medal, the Global War on Terrorism Service Medal, and the Armed Forces Reserve Medal.

Edler shares his home and career with his wife Pamela, and two children, Sandra and Kevin.

Chaplains' Corner

Chap. (Col.) Ira Kronenberg
installation chaplain

For many, the road to marriage follows these simple steps. Boy meets girl, there is a physical attraction. They both work hard to impress the other. They are on their best behavior when they are together. At some point in the relationship they decide to get married.

Often, unfortunately, that decision is made before the couple really knows each other's true personalities or goals and aspirations in life. Married life is more than fun and passion. True love is more than sexual attraction. It takes hard work to make a marriage and hard work to sustain a marriage.

The Talmud tells a story that illustrates the difficulty of marrying the right person. A Roman matron asked of Rabbi Jose Ben Halafta, "In how many days did the Holy One, praised be he, create the world?" He replied, "In six days." She asked, "And from that time on until now, what

has he been doing?" He replied, "He joins couples decreeing who should be married to whom."

She said, "Is this it? I, too, can do that. Many slaves do I have and I can marry them in one hour." He replied, "Verily it might be a light matter in your eyes, with the Holy One, praised be He, it is as difficult as splitting the Red Sea." He then left her and went his way.

What did she do? She brought 1,000 male and female slaves, placed them in rows, and said to them, "This one should be married to that one, and this one married to that one, and thus she married them in one night."

When the morning came, they all came before her. This one had a fractured skull; and the other had a broken arm; and another a fractured leg. This one said, "I do not want to be married to this one." And this one said, "I do not want to be married this one." She at once went to Rabbi Jose Ben Halafta and said, "You have spoken well."

Marriage is a life-long commitment that two people make to each other. Working a marriage does not stop after you say, "I do."

Deploying Soldiers tie Yellow Ribbons

Lt. Col. George Robinson, HHD, 730th Quartermaster Battalion, near right, accepts the Yellow Ribbon from Col. Douglas Dinon, deputy commander for mobilization, during a July 24 ceremony. Hanging their Yellow Ribbon in Infantry Park are, below, Command Sgt. Maj. Craig Stoll and Col. Jesse Deets, HHC, 28th Combat Support Command.

photos by Ed Mingin



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WDIX Channel 2 24/7 information

MILITARY MATTERS



Sgt. 1st Class Hubert Townsend
Small Arms Readiness Group

One of the strengths of the Small Arms Readiness Group (SARG) is the extensive experience our instructors have from the training involved while shooting for the Reserve Teams, whether it's service rifle, pistol or combat. And the many lessons learned - some of it not-so-common knowledge - are directly passed on to our PMI students.

An excellent example follows. "Did you know that five to 10 percent of rifle magazines will shoot to a different point of impact?" A very amazing statement since it sure seems that a mag is a mag is a mag, but my mechanicals class statement is verifiably true and I have learned it the hard way in competition.

The Reserve team purchased a rifle rest to test their many weapons and magazines. We placed my M16A2 rifle into this solid rest, inserted my labeled mag #1 into it and fired ten shots at a paper target 100 yards away - and there was the expected 2-inch shot group. Same thing with magazine #2, using the same ammunition.

Now we have 20 holes inside the circle. Then, when we did the exact same thing with mag #3, we found 10 fresh holes - still inside a 2-inch circle, but 2-inches off to the side of the first two groups! That accounted for my performance at 300 yards. The entire group was 6-inches off the center, some shots almost missing my target. The whole time it was the mag, not the shooter missing the wind or taking up a sloppy position or some such foolishness.

This is one of the reasons we recommend that Soldiers label their mags. If there is a double feed, then it will happen again. Get rid of that mag and, since you have labeled it, you will quickly identify which one is your bad magazine. And how do we know this? From experience derived from training, training, training.

One day, back in Wyoming, I was practicing the combat match stage involving running from the 300-yard line to the 200-yard line and quickly kneeling and shooting four targets, with a time limit of 25 seconds. I experienced a double feed. I noted in my training book that I had used mag #4. Two months later, I experienced a double feed and it was again mag #4. Do you think I still use that mag? Happens once - will happen again.

Editor's note: Townsend holds the Distinguished Rifle and Pistol Badge, shoots with the United States Army Reserve International combat team and is a National Rifle Association certified instructor. He welcomes all comments at Hubert.townsend@us.army.mil

Unique training for real thing

Spec. Bill Addison
444th MPAD

Members of the 50th Finance Battalion, New Jersey Army National Guard, came to Fort Dix July 22 for a unique field training exercise.

Their mission was to secure two buildings and set up a military pay station in a forward position. The problem is, they had to do this in the most hostile of conditions, under enemy fire, in an area littered with mines and Improvised Explosive Devices (IED).

"What we have here is a finance-based scenario; our Soldiers are going to be confronted with numerous pyrotechnics, like an IED or RPG (rocket-propelled grenade). The ultimate goal is to secure this building here and conduct a finance mission," said Lt. Col. Angelo Capolupo, battalion commander.

"A couple of things are going to happen and we're going to expect them to react to those situations based on classes we

gave them in the past, and that will be the test. Ultimately they need to execute their mission when they get to the end," he added.

The 50th Finance is not wholly unfamiliar with this type of training. The unit spent one year in Iraq doing just that.

"Anytime they moved out on a convoy mission to deliver funds to contractors and other units, and when they did that they encountered enemy fire, either IEDs, small-arms fire, sniper fire, mortar fire, and this is pretty close to that," said Capolupo.

"We're trying to recreate the conditions they encountered in Iraq," said Maj. Christopher Eads, executive officer.

"I do expect them to be surprised even though they have run across this before. We're gonna hit them with a lot more than they've ever been hit with in Iraq," he said.

Capolupo admitted that while the unit never had to secure their own areas in Iraq, it's a situation that could occur.

"Negotiating the MOUT

(Military Operations in Urban Terrain) site and going through the buildings is something a little bit different that we normally would not do in Iraq so this will be a challenge," he said.

"This is probably an over-training, but it's better to be over-trained so that we can react if we don't get faced with something like this... The bottom line is we're trying to challenge our troops and take it to the limit on this in the event we're ever faced with a situation like this," he added.

While the Army always tries to keep training as realistic and true-to-life as possible, there are certain factors that will never echo the real thing, according to Sgt. 1st Class David DeMarco, 50th Finance HQ detachment sergeant and leader of the opposition forces.

"It was 90-percent true," said DeMarco. "The only reason I say 90 percent is this scenario is missing a ton of Iraqi civilians that would actually be in the area. There's a lot of little factors, like children running up to Soldiers, and animals. Just the

everyday things that distract troops and can get in the way of a mission."

But the opposition force was not the only obstacle the battalion had to face.

Weather quickly became a factor in their training, as rain and a projected large thunderstorm loomed overhead.

"We'll have to decide what we're going to do with the weather situation, that was certainly unexpected, but we're going to figure out how we can still get some good training out of this," said Capolupo.

"Safety first," said Eads. "We do have a plan in place if there's a lightning storm. However, if it's just raining, we're going to drive on," he said.

But ultimately the final decision was made by range control, who called an end to all training at approximately 4 p.m. due to the impending storm.

"We ended up sending everybody home that night, and continued training Sunday morning," said Eads. "We pretty much replicated that mission the next day with the other detachment."

Aside from the weather, the overall sentiment was positive.

"They cleared the two buildings, had five casualties, consolidated, called their nine lines in, got their wounded out, got reorganized, took the buildings and conducted their pay missions," said DeMarco.

"It was a good operation, it was clear there was good planning by my staff, good execution by the NCOs," said Capolupo. "There's little pieces we need to work on... but overall I'm very pleased," he added.

"Overall I think they did very well. We need to iron some corners out, no doubt, but that's what training's about and that's what we do," said DeMarco.



David Moore

Guard Soldiers leave for border

Soldiers of the 102nd Reconnaissance, Surveillance, Target Acquisition board the bus at their West Orange Armory as they begin moving to the New Mexico border for Operation Jump Start.



David Moore

COMMAND PERFORMANCE

Brutus, of the Ohio State Buckeyes, made a command presence outside the Ohio Army National Guard's 1st-148th Infantry tactical operations center inside Fort Dix's tactical training base known as Camp Tiger. Soldiers walking by Brutus are 148th Infantry Soldiers preparing for the Global War on Terrorism, at Fort Dix.

U.S. military involvement in evacuations ending

Sgt. Sara Wood
American Forces Press Service

WASHINGTON, July 26, 2006 - The U.S. military today performed its final scheduled evacuation of U.S. citizens from Lebanon, a U.S. military spokesman in Cyprus said.

The military has worked with the U.S. State Department and the governments of Turkey and Cyprus for the past 10 days to evacuate U.S. citizens from Lebanon, which has suffered extensive damage in 15 days of conflict between Israel and Lebanese Hezbollah militants.

The military has evacuated almost 14,000 U.S. citizens from Lebanon, Marine Brig. Gen. Carl B. Jensen, commander of Task Force 59, said in a news conference via satellite. The U.S. Embassy in Beirut estimates that the vast majority

of U.S. citizens wishing to leave Lebanon have now been evacuated, Jensen said.

The number of Americans coming to the U.S. Embassy in Beirut seeking evacuation has diminished drastically, Jensen said, but U.S. military forces will remain in the country as long as they are needed.

"We will be here as long as the ambassador needs us to do the job that we've been assigned," he said. "We are still participating daily in moving the trickle of Americans now that wish to depart Lebanon out of Beirut, and we are supporting the embassy's efforts to continue to move Americans via civil transport out of southern Lebanon."

A group of 100 U.S. citizens was taken from southern Lebanon to the port city of Tyre today by civilian vehicles, and they will be joining another 110

Americans on a Canadian ship leaving today, Bryan Whitman, a Pentagon spokesman, said.

In the last 24 hours, about 725 Americans left Lebanon aboard the contracted vessels Orient Queen and Vittoria M, he added.

Yesterday, the U.S. military dropped off its first load of supplies to assist in the humanitarian effort being led by the United States Agency for International Development, Jensen said.

They have been putting in long hours, he said, but added that the mission is valuable and rewarding.

"We've got some awfully tired soldiers, sailors, airmen and Marines out here. But, I'll tell you what, it's hard to get really tired in this business, because this is all about Americans helping Americans, and it gives you such a great feeling," Jensen said.



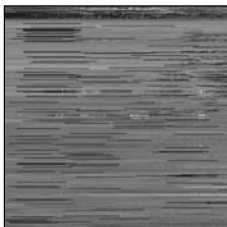
photos courtesy of the 444th Mobile Public Affairs Detachment, NJ National Guard



Approximately 130 kids spent July 16-22 at the 12th Annual New Jersey National Guard Youth Camp, held at the New Jersey National Guard Training Center in Sea Girt. The camp is designed to help foster an understanding of military life for the children and grandchildren of active and retired members of the NJ Army and Air National Guard, as well as NJ Department of Military and Veterans Affairs employees. Learning all about push-ups is Darryl Martin, left, while a group of campers and junior counselors make the most of arts and crafts.



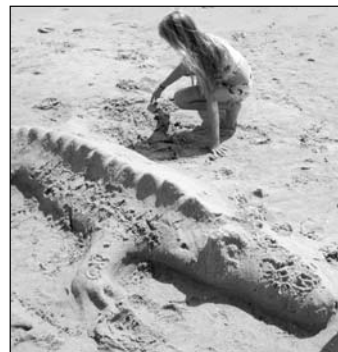
Archery, above, and model-rocket launchings, below, were among the camp's highlights.



The Counselors-In-Training got to visit the Joint Training and Training Development Center at Fort Dix as part of their Youth Camp experience. Shelby Veazey, above, tries out a tank simulator along with her fellow CITs. They also had the chance to fire a weapons simulator, among other activities.



Allison Long, above, reaches the top of the Rockwall Climb, one of many exciting activities offered to campers during the Youth Camp.



Despite a sweltering first half of camp and a rainy second half, campers enjoyed their time at the Jersey Shore. From visits to the beach, above, to a tour of the National Guard Militia Museum of New Jersey, left, there was plenty to do and see during camp, thanks to the efforts of more than 100 volunteers.

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Youth Camp teaches life lessons

Jennifer Davidson
Health Net Federal Services

Summer camp is home to some of the fondest childhood memories—meeting a best friend, experiencing a favorite activity for the first time, realizing your confidence has soared. This past week, at the 12th Annual New Jersey National Guard Youth Camp, 133 children, ages 9-12, enjoyed all the delights of a traditional summer camp, with a twist.

Children and grandchildren of active and retired National Guardsmen and women came from all across the state of New Jersey for the rare opportunity to meet and build friendships with other children who know what it's like to have parents who serve in the National Guard. They spent a week-long in-residence stay, from July 16-22, at the New Jersey National Guard Training Center in Sea Girt, supported by 51 junior counselors, ages 15-17, and approximately 115 volunteer staff members.

National Guard families don't often live in close proximity to one another, as families in active branches of the military do. National Guard Soldiers and Airmen are civilians first, and mainstream America shapes the life they lead. Parents work civilian jobs and children attend public schools where they may not have any friends whose par-

ents deploy, explained Staff Sgt. Barbara Harbison, New Jersey Department of Military and Veterans Affairs.

Since 9/11, the traditional service of National Guard service members has leaped from one weekend a month and two weeks a year, to a commonplace yearlong deployment in Iraq. Training prior to and following deployment can stretch a parent's time away from home up to a year and a half.

"A child could be sitting in class and it hits them. Mommy or Daddy is in Iraq during a war and they don't often have the comfort of a friend who knows what they're going through by their side," said Lt. Col. Roberta Nieldt, state Public Affairs officer, New Jersey Department of Military and Veterans Affairs.

The New Jersey National Guard Youth Camp blends fun with an opportunity for children to share experiences and feelings in a unique camp setting that they might not otherwise share with kids in their day-to-day life, explained Nieldt. Camp

is designed in company format. Children are assigned to a company, sleep in barracks, eat in mess halls and march to cadence, just like their parents do while they serve. The goal is to familiarize the children with the military and de-mystify what their parents are doing while they're away.

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Lt. Col. Roberta Nieldt
New Jersey Department of
Military and Veterans Affairs

arts and crafts, and welcomed a healthy dose of education about issues children face today, such as illegal drugs, alcohol and tobacco.

The New Jersey National Guard Youth Camp does not receive government funding. It is fully staffed by volunteers and funds to support the program must be secured from outside sources. This year, Health Net Federal Services (Health Net) provided funds for over-the-

counter prescriptions and medical supplies.

"We are proud to support the purpose of the NJ National Guard Youth Camp. We have provided the comfort of basic medical supplies for the children and staff to contribute towards a week of fit and healthy living," said Steven Tough, president, Health Net Federal Services.

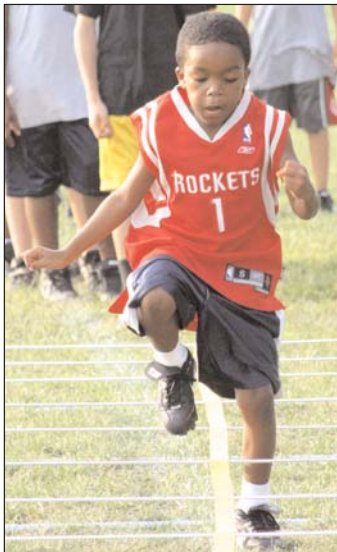
Volunteer nurses and physician assistants stayed connected to camp staff via radio to assist at a moment's notice, said Kryn Westhoven, public affairs staff officer, New Jersey Department of Military and Veterans Affairs. From soothing a bruise with an ice pack to monitoring the dew point hourly to let campers and their leaders know how much they should be drinking on hot sunny days, the medical staff is prepared to assist the facility with everything they need.

Friday's activities celebrated the children's accomplishments with one final challenge—a physical training test at the training center's private beachfront property. It was an opportunity for children to see how much physical strength they gained during the course of an active and inspiring week, explained Westhoven.

For more information about the NJ National Guard Youth Camp, visit www.state.nj.us or call The Family Programs Office at 562-0668.



Getting ready for some football



Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Doughboy Gym
Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends

Soccer Registration
Soccer registration for the upcoming fall season will begin June 1 and run through Aug. 31, Mon. - Fri. 9 a.m. - 5 p.m.
There is a \$40 soccer fee and an annual fee of \$18, which is good for one year in any of the CYS programs.
Must show proof of sports physical for current year or have one on file.

Youth third grade and above need to register with the McGuire Youth Sports program.

Call 562-4702 or 562-5231 for more information.

Field House Fitness

Spin-It
Mon. noon - 12:45 p.m.
Mon. 6:15 - 7:00 p.m.
Tue. 5:15 p.m. - 6:00 p.m.
Wed. noon - 12:45 p.m.
Wed. 5:15 p.m. - 6:00 p.m.
Fri. noon - 12:45 p.m.
Total Toning
Mon. 5:15 p.m. - 6:15 p.m.
Mind & Body Pilates
Tue. 8:30 a.m.
Thur. 6:15 p.m. - 7 p.m.
Cardio Muscle
Tue. noon - 12:45 p.m.
Power Step
Thur. noon - 12:45 p.m.
Intro to Fitness
Thur. 5:15 p.m. - 6:15 p.m.

Call 562-4888 for more information.

Football & Cheerleading Registration

Registration for football and cheerleading will begin May 22 and run through July 28.
There is a \$70 fee for foot-

ball and a \$40 fee for cheerleading.

A late fee of \$15 will be charged after July 28.

There is also a fee of \$18 which is good for one year in any CYS program.

Proof of sports physical for the current year is required.

Call 562-4072 or 562-5231.

Local track offers military discount

Once again New Egypt Speedway is offering a discount off the price of an adult admission ticket to all active duty military personnel and their spouses, with proper ID. The military discount is for Saturday night racing programs at the track located on Route 539 in Plumsted Twp.

For more info visit the track's website at www.newegyptspeedway.net.

Outdoor Recreation

Aug. 3 - Aug. 6
Rafting in Maine
Fees: \$295 each - \$550 couple

Aug. 19
Tubing - BBQ Lunch
Fees: \$25

Aug. 26
Skydiving
Fees: \$195 for tandem jump.
\$295 with DVD.

Sept. 9
Mountain Biking
Fees: \$15 with your own bike.
\$20 without your own bike.

Sept. 16
Sailing
Fees: \$75 adult - \$65 child

Call 562-6667 for more information about programs offered by Outdoor Rec.

Commander's Cup

The next Commander's Cup is scheduled for August 23. Anyone wishing to participate should register a week in advance.

Call the Golf Course at 562-5443 for more information.

Ed Mingin
Public Affairs Staff

Though it's the middle of summer and football season seems a ways off, Fort Dix Youth Sports is getting ready for opening day.

Football practice will start next week, but coaches and players have been hard at work for the past two weeks, getting in shape.

"It's not football practice. They aren't doing football drills, it's just conditioning, getting the kids in shape for the football season," said Floyd Winter of Youth Sports.

"They started July 17. It lasts two weeks. It's for both football players and cheerleaders, and anyone who wants to get in shape. It's an opportunity for the children to meet the coaches, do some conditioning, and work on strength and agility. It gets them in shape and helps get them acclimated to the heat," he said.

Registration for football and cheerleading has been going on for a couple months, but some teams are in need of players and anyone wishing to sign up can still get in on the action.

"Registration is still open. If anyone wants to join, just call my office. We mostly need players on the older teams, 13-15 years. We only have eight players on that team right now, so we have plenty of room for anyone who wants to play," said Winter.

With the first game of the season just over a month away, the conditioning program will end this week and players will be issued uniforms this week-end.

"Football practice starts Monday, July 31," said Winter. "Equipment will be given out this Saturday, July 29."

Final details for the upcoming season are not set, but the Fort Dix Chargers will be ready for the challenge.

"The first game is September 10," said Winter. "I don't have a schedule yet, so I don't know if it's a home game or away. The schedule should be out in mid August."

Anyone wanting to sign up for football or cheerleading should call Floyd Winter or Stephen Wilkes at 562-2819. With practice starting next week and the season just around the corner, there is just a short time to join the team.



photos by Ed Mingin

SHAPIN' UP -- Instead of kicking back and relaxing during their summer vacation, Rahdazion Powell, left photo, Lysandra Tatum, above, and Demetrius Young, below, have been spending their time doing conditioning training. The program, offered by Youth Sports, is mostly used by the Fort Dix football teams, but cheerleaders and others who want to get in shape could participate as well.



Ed Mingin

TAKE FIVE -- Training in the summer heat is hard work and after running through numerous drills, it was time for a rest.

